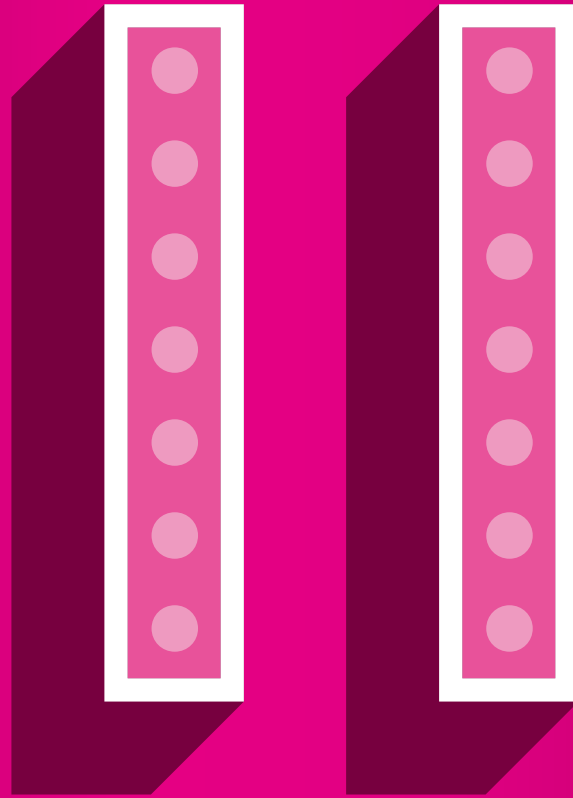


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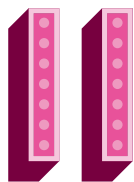


superwoman

An inspirational conference and networking opportunity for businesswomen.



super



woman

WHEN: Thursday 22 October 2015
5pm to 8.30pm

WHERE: Cardiff School of Management,
Cardiff Metropolitan University,
Western Avenue, Cardiff, CF5 2YB.

Cardiff School of Management offers a wide range of programmes for undergraduates and postgraduates including executive programmes.

The 20Twenty Leadership Programme is kindly sponsoring the hire of the rooms at the School of Management.

Cardiff Met's catering students will also be working with Emma Jenkins of E J Catering to provide our refreshments for the evening.



Cardiff
Metropolitan
University

Prifysgol
Metropolitan
Caerdydd



COST: £35 – net proceeds of the event will be donated to our two charities, Velindre Cancer Centre and Cancer Research UK.



Programme

5pm-6pm Afternoon tea and registration

Network over a cup of tea and a slice of cake.

6pm Dr Manon Antoniazzi Director Heritage Sport and Tourism Welsh Government

Manon has worked in the public, private and voluntary sectors; in broadcasting, public affairs, communications and policy development. She served two terms as a senior private secretary for the Prince of Wales and has also worked for S4C, the BBC, Welsh Water and mentoring specialist CMi. She is currently Chief Executive of Visit Wales and is also director of the teams concerned with the historic environment and sports.

Previously a Council member of the Royal Shakespeare Company and Wales Chair of the Prince's Trust, she is a non-executive director of the London Philharmonic Orchestra and recently stood down as the Heritage Lottery Fund's Trustee for Wales. She holds a PhD from the University of Cambridge.

Manon will talk about her own experience of dealing with the challenges of developing a career as a working mother in often overwhelmingly male environments and how research into medieval Welsh prophetic poetry can take you to unexpected places.

@ManonWilliams

6.20pm Caroline Jones Knickers Model's Own

To honour the memory of her mother, Mary, who died of cancer in October 2014, Caroline embarked on a year long campaign in January 2015 of wearing a different outfit every day from her local Cancer Research UK (CRUK) shop in Harpenden, Herts.

Everything comes from there except her knickers which are model's own. She posts a picture of each day's outfit on Facebook, Twitter and Instagram. She finds amazing clothes and the campaign is a fitting tribute to her mother who volunteered in the CRUK shop and loved fashion too.

Caroline will talk about the inspiration for the campaign, how it has captured the attention of mainstream and social media, what she has learned along the way and show us pictures of some of her favourite outfits.

Cancer Research UK is one of our charities this year.

www.facebook.com/knickersmodelsown

www.twitter.com/knickersmyown

www.instagram/knickers_models_own

**6.40pm Emma Watkins
Director of CBI Wales**

Emma Watkins has worked for the business organisation the CBI since 2003 and has been director of the CBI in Wales since January 2012, following roles in Brussels and London. She is responsible for managing the CBI's relationships with the Welsh government and other stakeholders, acting as the figurehead for the CBI in Wales. She leads the CBI's work on gender diversity across its membership, on which she works directly with the CBI director-general.

Emma is a director of the Wales Social Partners Unit, which has been established to help business organisations interact with the Assembly. She is a member of the Secretary of State for Wales' Economic Advisory Board, the Welsh Government's Council for Economic Renewal, the Wales Employment and Skills Board, as well as a number of other bodies and is a primary school governor. She is a business opinion columnist for the Western Mail, and regular media commentator and speaker.

Emma will talk about her journey as a young woman leading a business organisation and the challenges and opportunities this has brought. She will also reflect on diversity issues within the workplace

@emmaselena77



**7.00pm Victoria Wade
Victoria Wade Landscapes**

Victoria studied for a BA in Architecture at Sheffield University followed by a MA in Landscape Architecture achieving a distinction in September 2012.

Victoria Wade Landscapes was launched in early 2013 and their first major project was their Gold Medal Winning 'Up-Cycle' show garden at the RHS Cardiff Flower Show in April 2013. They won a Gold medal again at this year's RHS Cardiff Flower show.

Victoria creates beautiful gardens throughout Cardiff, Wales and the rest of the UK. She is passionate about the environment and loves creating gardens for both wildlife and people to enjoy. She will talk to us about gardening, running your own business, chicken keeping and her future goals.

@wadelandscapes

**VICTORIA WADE
LANDSCAPES**

7.30pm-8.30pm Drinks and canapés.



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If you would like to book a place on Superwoman 11 please complete and return the booking form attached. Payment can be made by cheque sent to:

Superwoman
One Caspian Point
Caspian Way
Cardiff
CF10 4DQ

or directly into our bank account:

Superwoman
Lloyds Bank, Sort Code 30 67 64
Account Number 16490960

From past experience we expect demand to be high and we recommend booking quickly. Places are not guaranteed until payment is received.

Superwoman would like to thank creative brand agency **Elevator** who for the 11th year running have designed our flyer free of charge.

elevator

www.elevatordesign.co.uk

Superwoman is supported by



Booking Form

SUPERWOMAN 11 – 22 OCTOBER 2015

| | | | |
|-----------------------------------|-------------|---|----------------------|
| Name | | | |
| Job Title | | | |
| Organisation | | | |
| Email address | | | |
| I would like to book | | places at the Superwoman seminar | |
| Details of those attending | Name | Company | Email address |
| | | | |



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Cost: £35 per person

Send your cheque(s) payable to Superwoman by post to:

Superwoman, One Caspian Point, Caspian Way, Cardiff, CF10 4DQ

or directly into our bank account:

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